



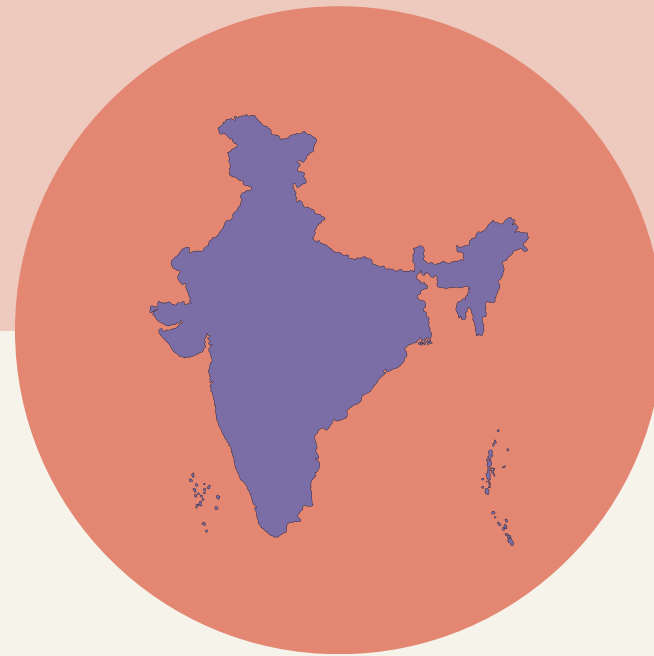
# **ABNORMALITY DETECTION USING HEART SOUNDS**

**Angad Singh, Malhar Bhise, Suhani Jain, Yuvna Jain**

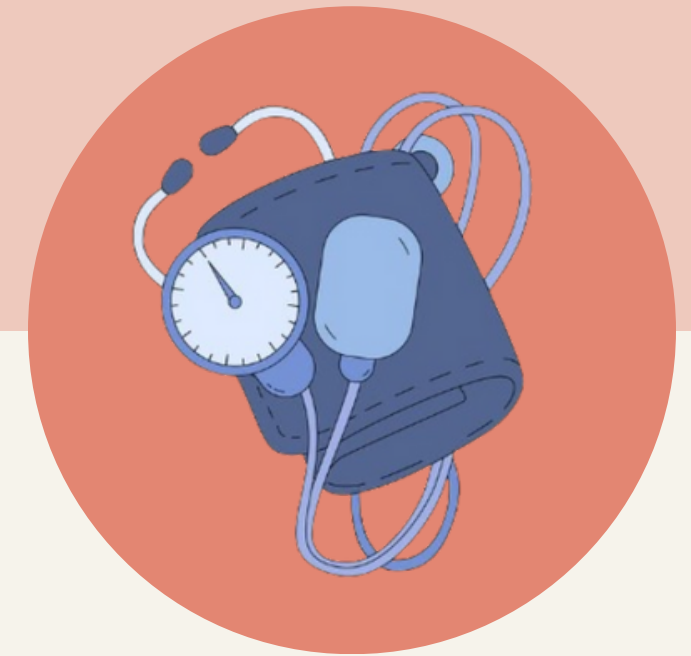
# RELEVANCE OF PROBLEM



Cardio Vascular Disease  
took  
**20.5 MILLION**  
lives in 2023



Cardio Vascular Disease death rate  
of  
**272 per 100000**  
population in India which is much  
higher than that of global average of  
235.  
CVDs strike Indians a decade earlier  
than the western population.

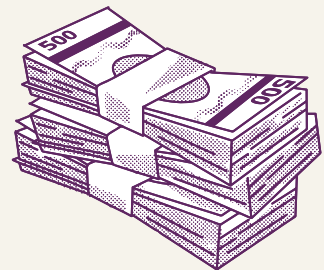


**27.9%** were aware of their  
hypertension status.  
**14.5%** were under treatment for  
hypertension.  
**12.6%** had their blood pressure  
under control.

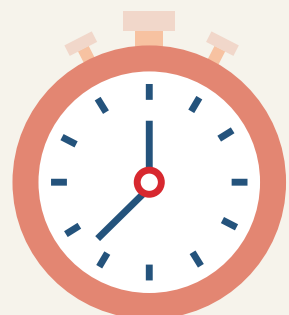
# PROBLEM STATEMENT

Our objective is to employ machine learning for the analysis of heart sounds collected via devices such as a digital stethoscope, to facilitate the early identification of cardiac abnormalities such as murmurs.

We aim to expand this feature to smartphones, where people can easily check their heart health and seek medical advice if necessary.



**Cost Efficient**



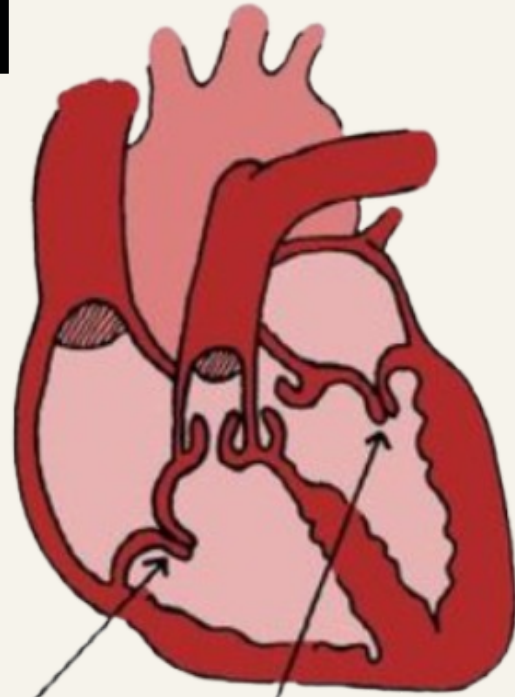
**Timely intervention leads to better management and treatment outcomes**



**By deploying this solution globally, especially in low-resource settings, there could be a significant improvement in global health outcomes related to heart diseases**

# LITERATURE REVIEW I

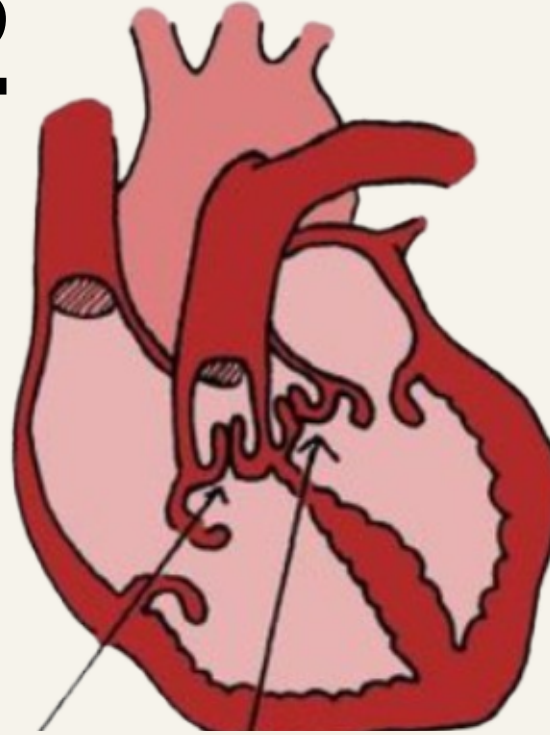
**S1**



Tricuspid & Mitral valves close

**'Lub'**

**S2**



Aortic & Pulmonic valves close

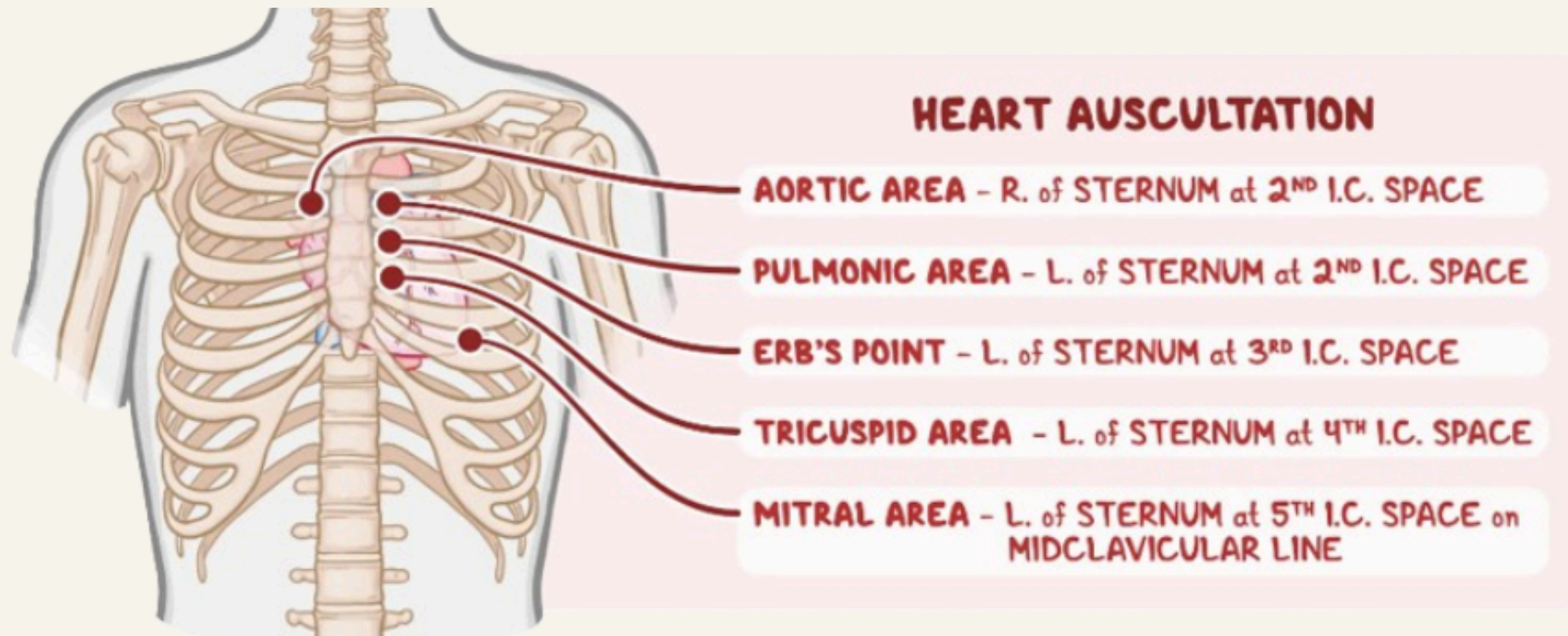
**'Dub'**

**S3: Ventricular Gallop**

- May be normal at times
- Can be a sign of systolic congestive HF

**S4: Atrial Gallop**

- Almost always abnormal
- Can be a sign of diastolic congestive HF



**LITERATURE  
REVIEW II  
THE MODEL**

**PRE- PROCESSING**

**FEATURE EXTRACTION**

**CLASSIFICATION**

# PRE-PROCESSING

## Step 1

### Basic Denoising

**Butterworth high Pass filter  
Below 30Hz**

Removes breathing and  
other background

**Sampling Rate Reduction  
Original -> 2000 Hz**  
Processing time is saved

## Step 2

### Advanced Denoising

**Traditional and most popular  
- DWT**

Decomposes into individual  
frequencies.

**Recently popular - SVD**  
Breaks into 3 matrixes,  
identifies “low singular  
values”.



# FEATURES EXTRACTED

- Short-time Fourier Transform (**STFT**)
- Mel Spectrogram

**Decompose the signal into its frequency components over time.**  
**Which frequencies? - dominant frequency information**  
**When they are present? - temporal information**  
**Analyses how the frequency content of a signal changes over time.**

**A visual representation of the spectrum of frequencies of a signal as it varies with time.**

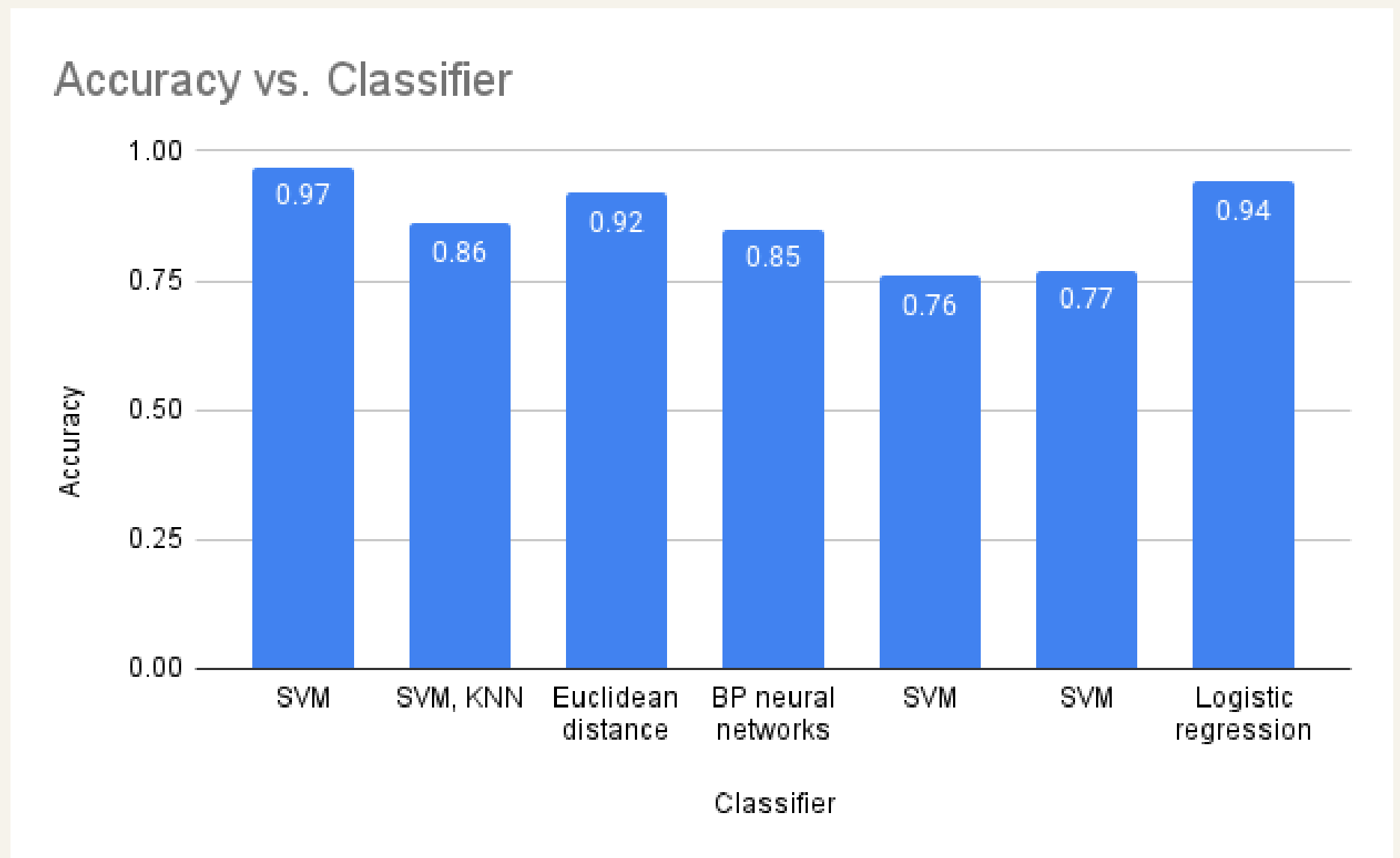
- Mel-Frequency Cepstral Coefficients (**MFCC**)

**Coefficients extracted from Mel Spectrogram - represent the spectral characteristics of an audio signal.**

# CLASSIFICATION

- The goal of classification is to present the qualitative results of the detection, dividing the heart sound signals into the normal or abnormal.
- Support Vector Machine (SVM), Artificial Neural Networks (ANN), k-Nearest Neighbor (kNN), Euclidean distance, etc. .

- **Most popular and accurate - SVM**



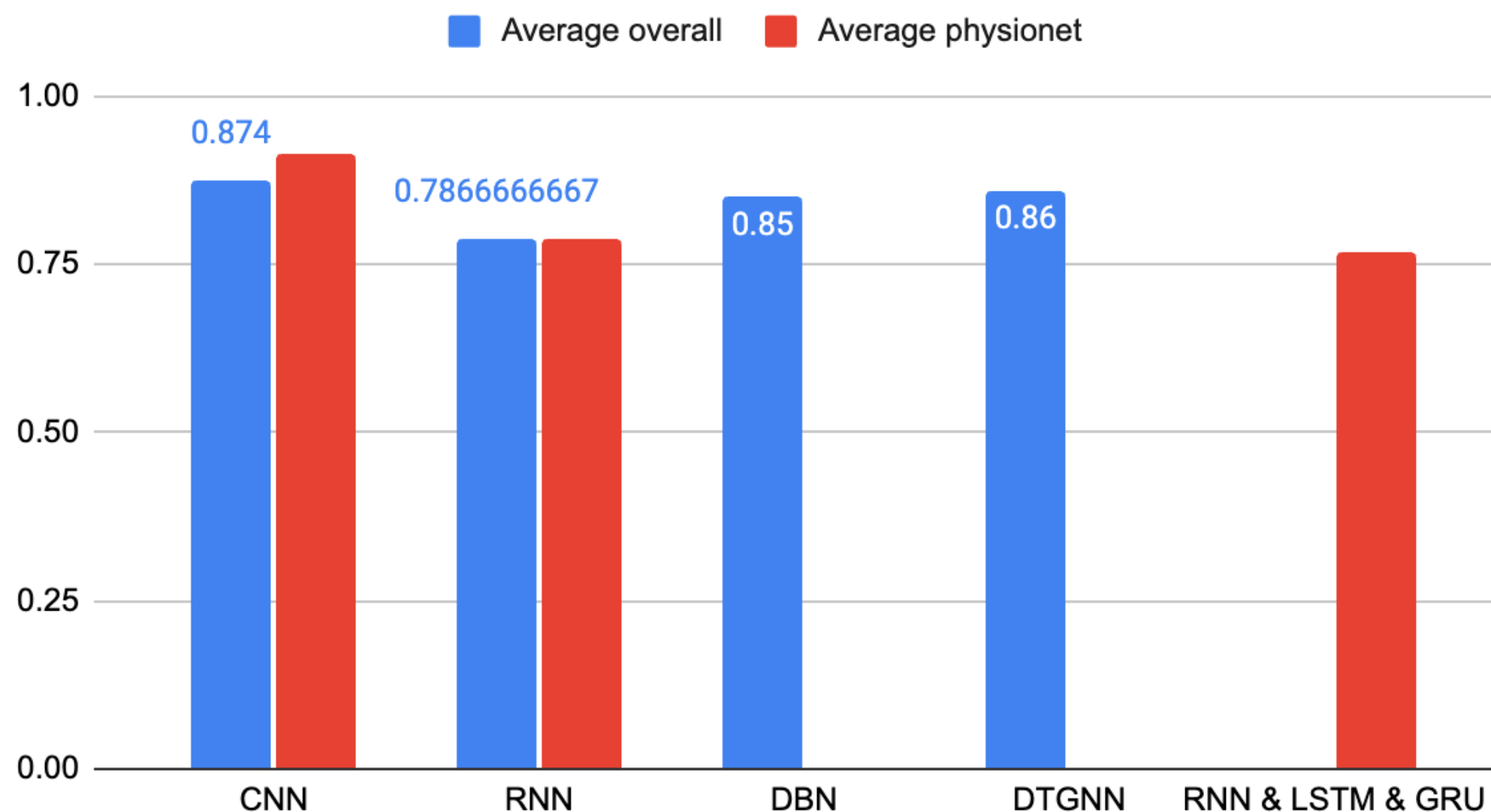
Mean of MAcc calculated where available.



# CLASSIFICATION: DEEP LEARNING MODELS

- Most popular - CNN
- CNN suited for spectral and temporal data / DNN general purpose
- CNN's - Highest accuracy

Deep learning methods vs Accuracy



# DRAWBACKS AND OUR IMPROVEMENTS

## Challenges

- Black-box models (interpretability)
- Data availability
- Research vs. real-world gap, stakes are too high.

## Solutions

- Data improvement and tweaking for specific use-cases.
- Catering it to a specific relatively low-stakes problem - At home detection using phones.

# LITERATURE REVIEW: PHYSIONET CHALLENGE

Performance metrics of the winners

Team	Cost	Weighted accuracy
CUED_Acousitcs	11144	0.821
prna	11403	0.8
Melbourne_Kangas	11735	0.755

## Some methods used by the top ten winners:

### Preprocessing:

- Downsampling (100Hz, 2000 Hz)
- Butterworth filter (25 Hz - 400 Hz)
- MFCC of 3/10 second segments
- Cutout, cutmix, mixup

### Features:

- STFT, Mel spectrogram
- Time domain embedding vector

### Model:

- CNN
- Light CNN
- Vision transformer

The PhysioNet Challenge description paper: Reyna, M. A., Kiarashi, Y., Elola, A., Oliveira, J., Renna, F., Gu, A., Perez-Alday, E. A., Sadr, N., Sharma, A., Mattos, S., Coimbra, M. T., Sameni, R., Rad, A. B., Clifford, G. D. (2022). Heart murmur detection from phonocardiogram recordings: The George B. Moody PhysioNet Challenge 2022. medRxiv, doi: 10.1101/2022.08.11.22278688

# DATASET: CIRCOR DIGISCOPE PHONOCARDIOGRAM DATASET V1.0.3

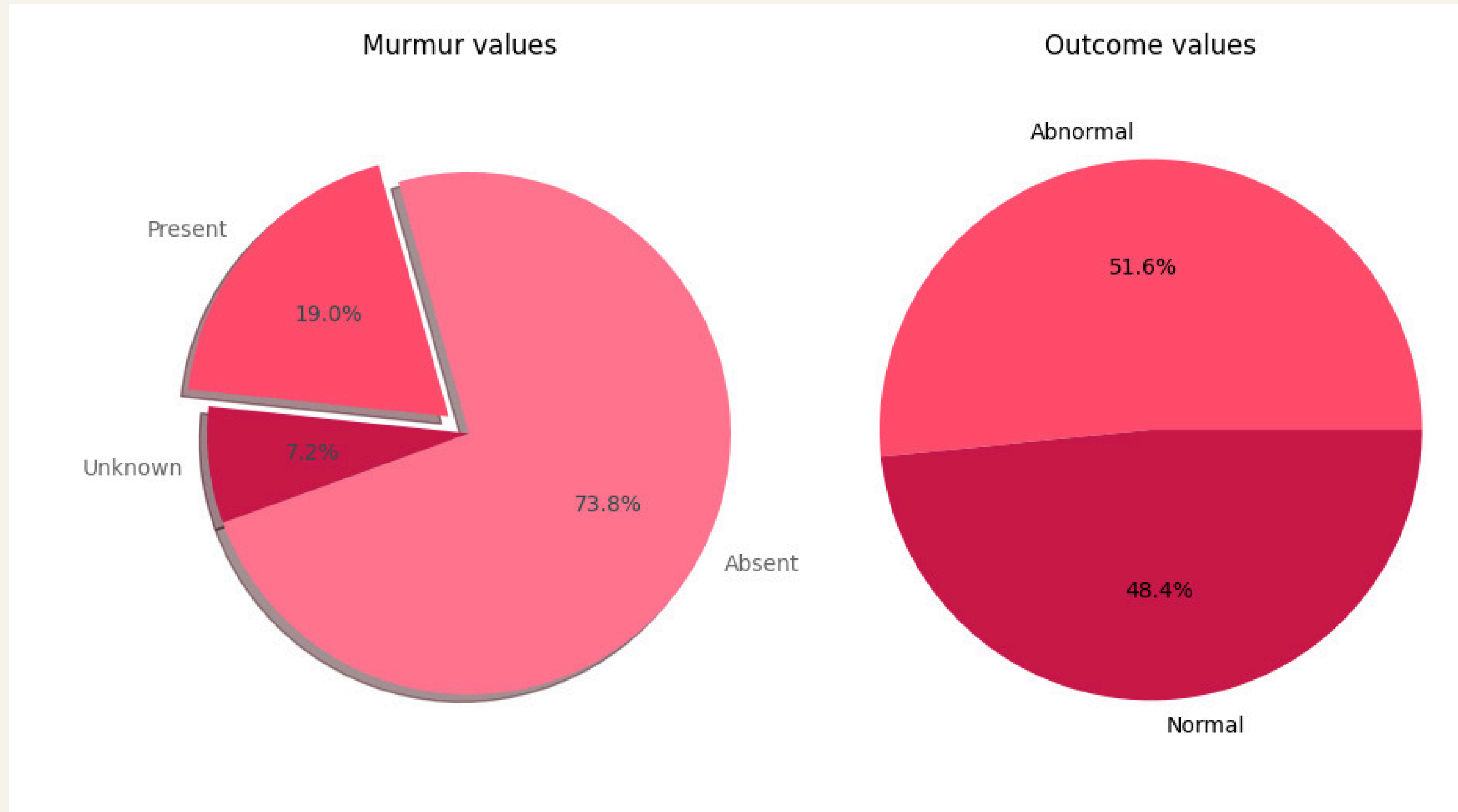
## Collection and Ethics

- Pediatric population (**0 - 21**)
- Mass screening campaigns - Northeast **Brazil**.
- Parental **permission obtained**.
  
- 943 patients-3163 recordings (60%)
- Segmented Data file provided
- 4 auscultation locations, demographic data.
  - **Murmur presence/absence** (by expert annotator)
  - **Clinical outcomes** (normal/abnormal)

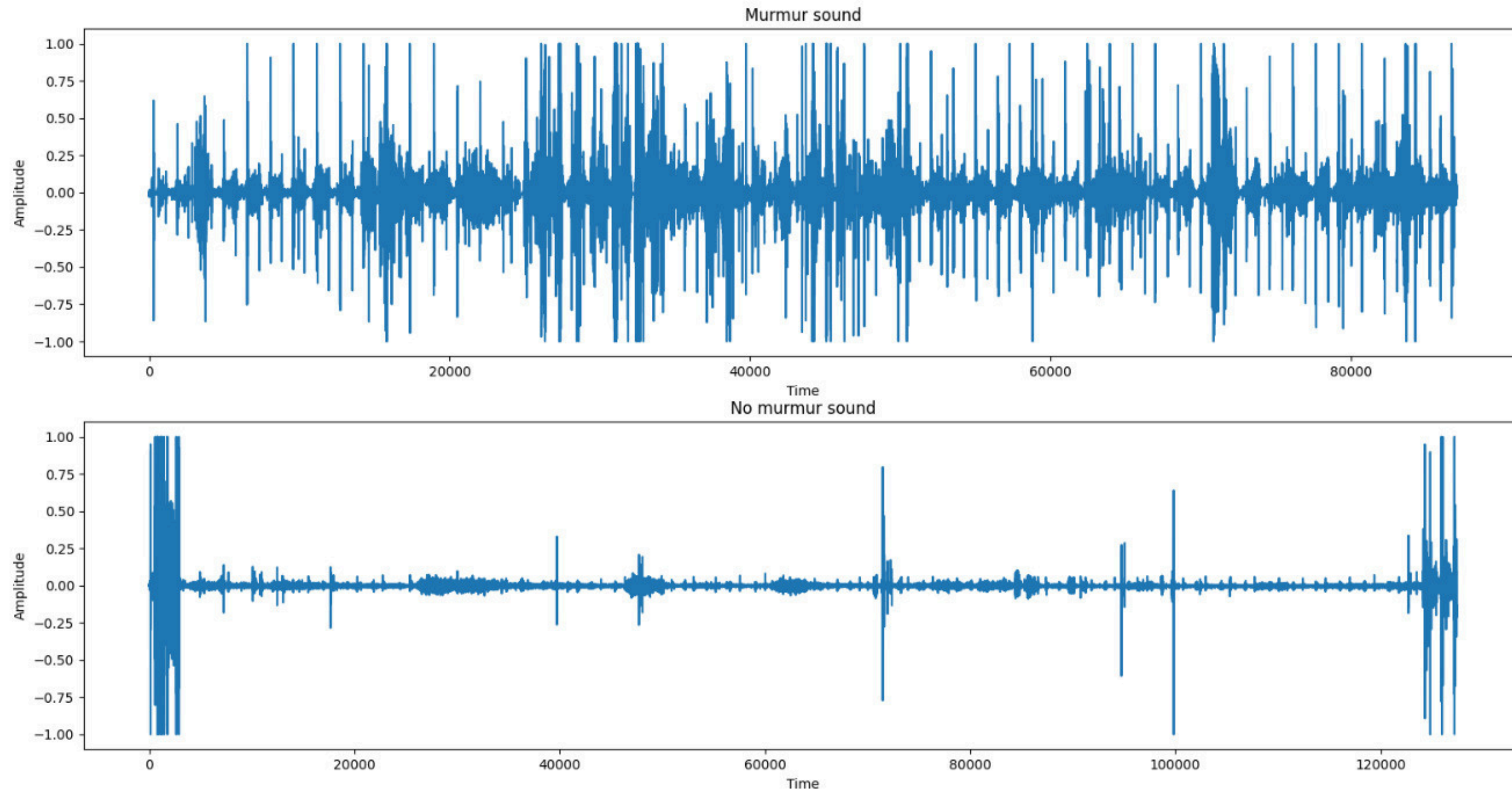
## Why we chose it

- **Largest dataset available** for raw audio data. (3000 datapoints)
- Extensive **labelling by medical professionals**.
- **4 auscultation locations** - helps with phone irregularity.
- Pre-segmented data for start and end of S1 and S2.
  - Segmentation is a non-trivial problem.
  - Other dataset's we will try to segment in order to integrate.

# DATASET: CIRCOR DIGISCOPE PHONOCARDIOGRAM DATASET V1.0.3

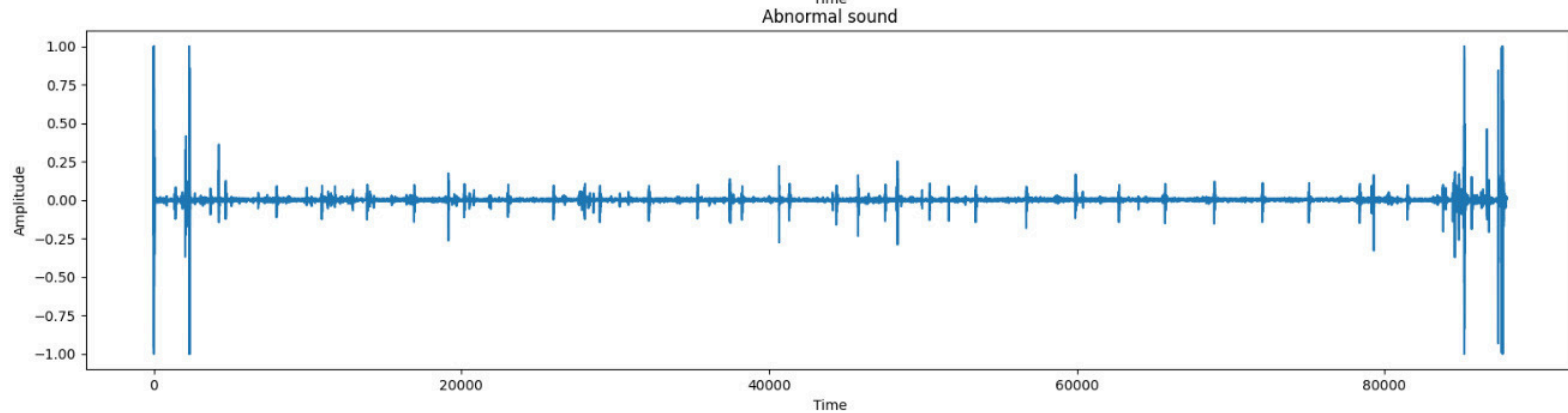
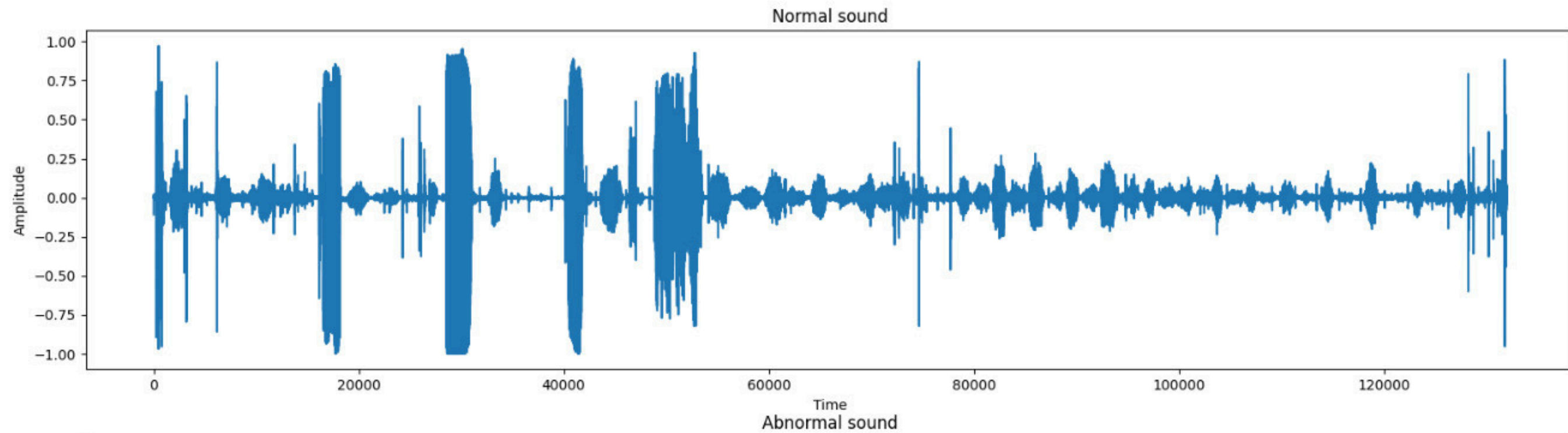


# PHYSIONET : MURMUR V/S NO MURMUR





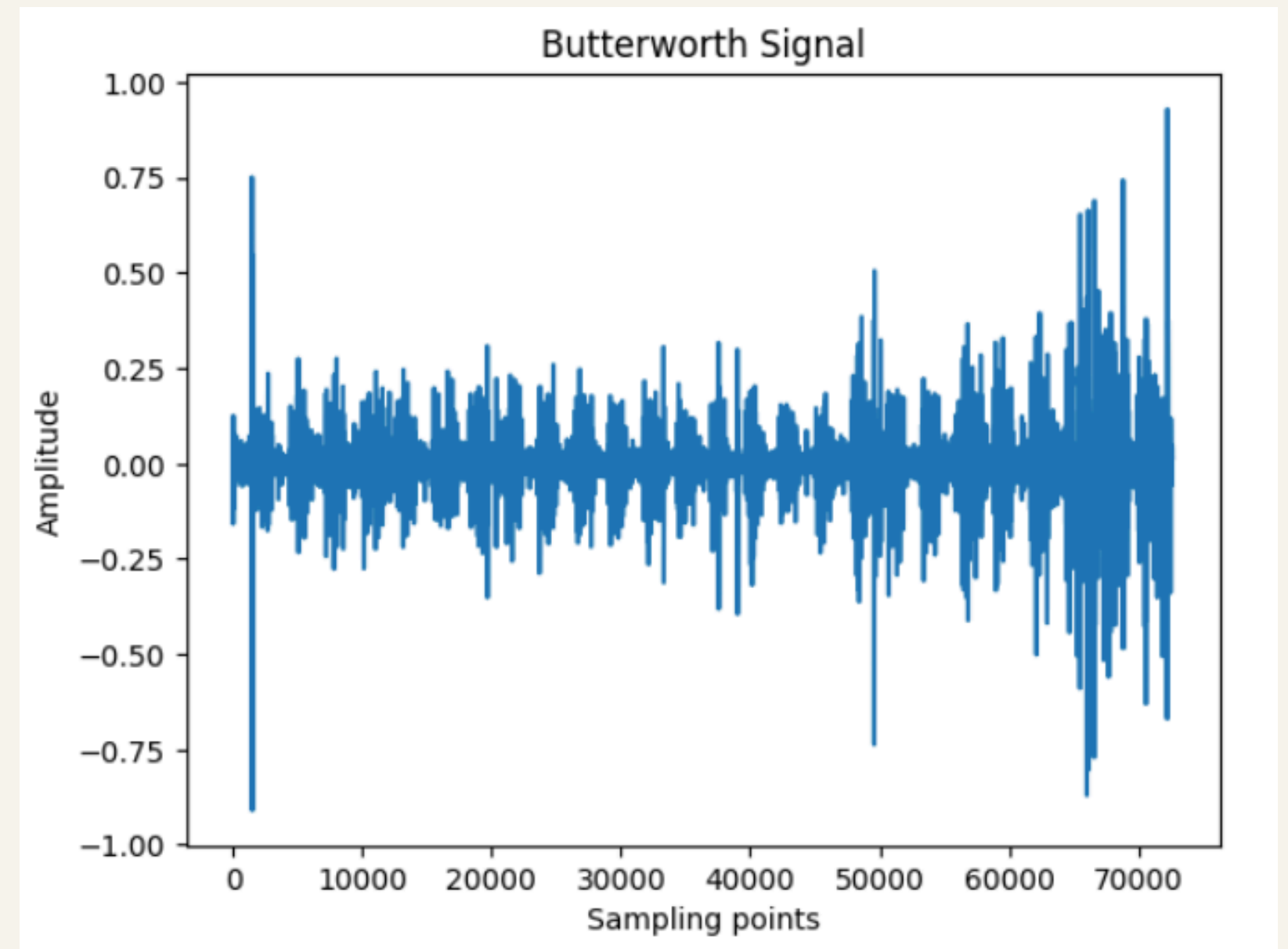
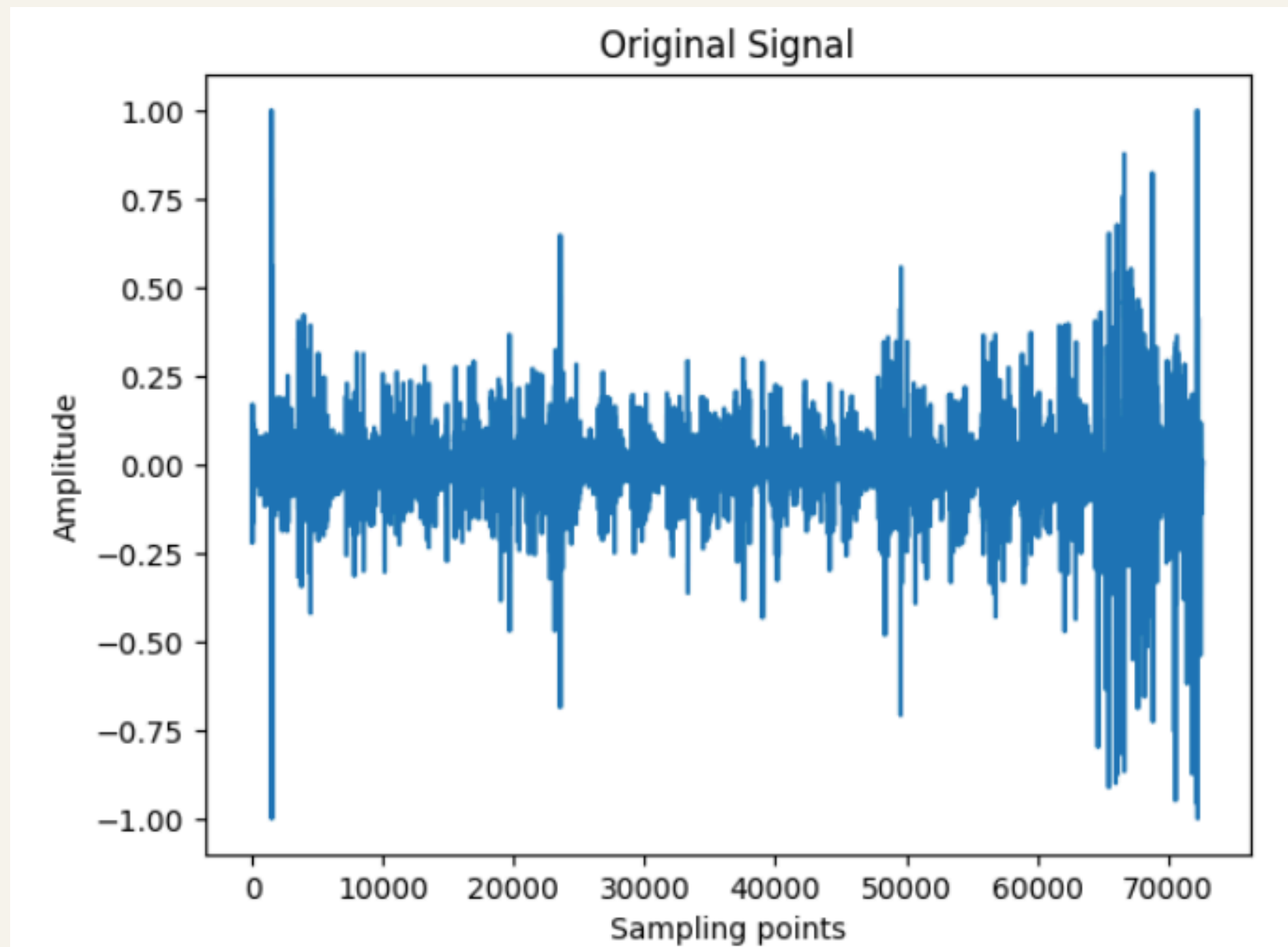
# PHYSIONET : CLINICAL OUTCOME TIME V/S AMPLITUDE



# PRE-PROCESSING

Signal processing filter: Butterworth bandpass filter

25 Hz, 450 Hz



# PRE-PROCESSING

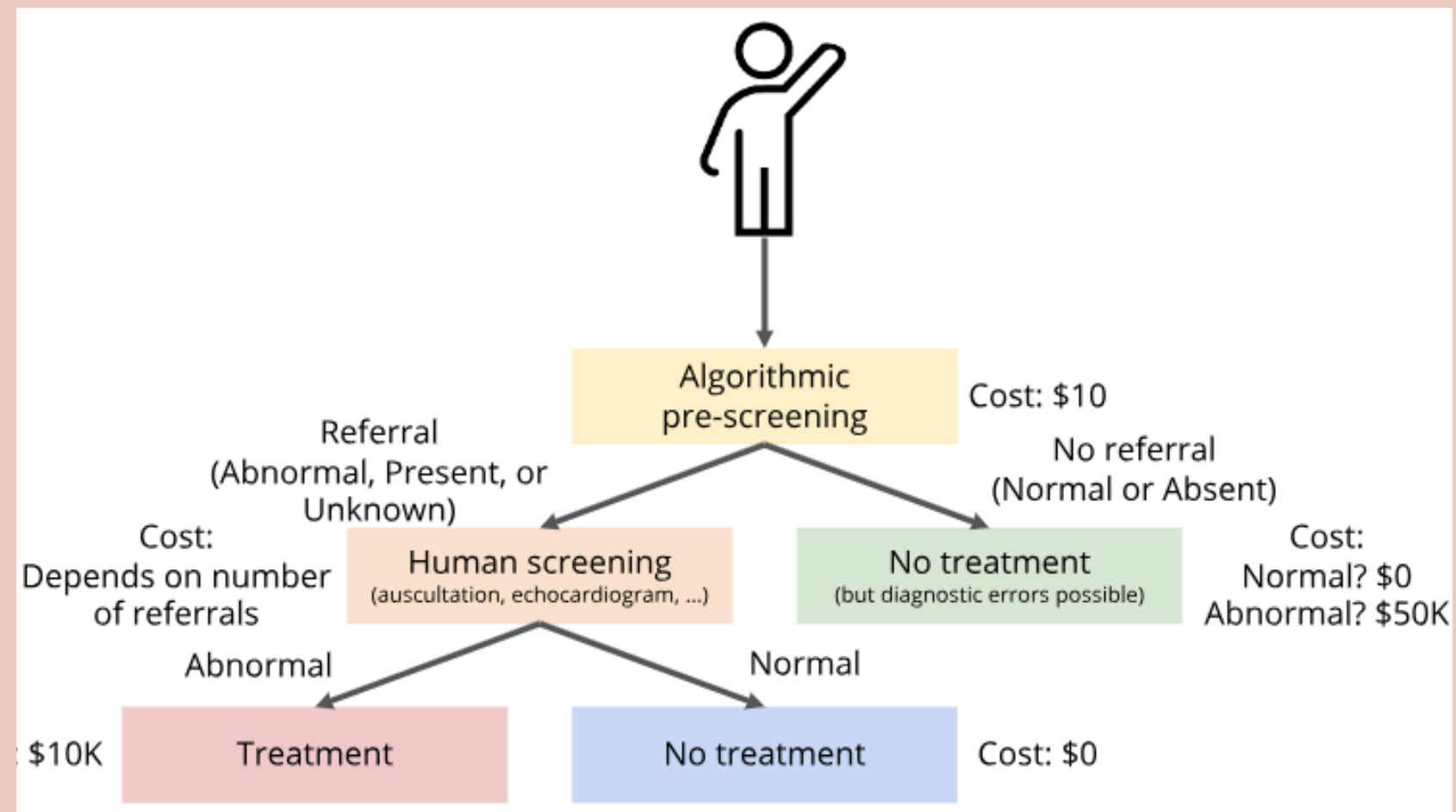
## Sampling rate

Physionet data sampling rate: 4000 Hz  
**Resampled to 2000 Hz**

- The sampling rate is the number of samples taken per second
- Consistency across datasets
- Lowers computational demands without losing key information.

# PHYSIONET: EVALUATION METRIC

## COST FUNCTION



## WEIGHTED ACCURACY

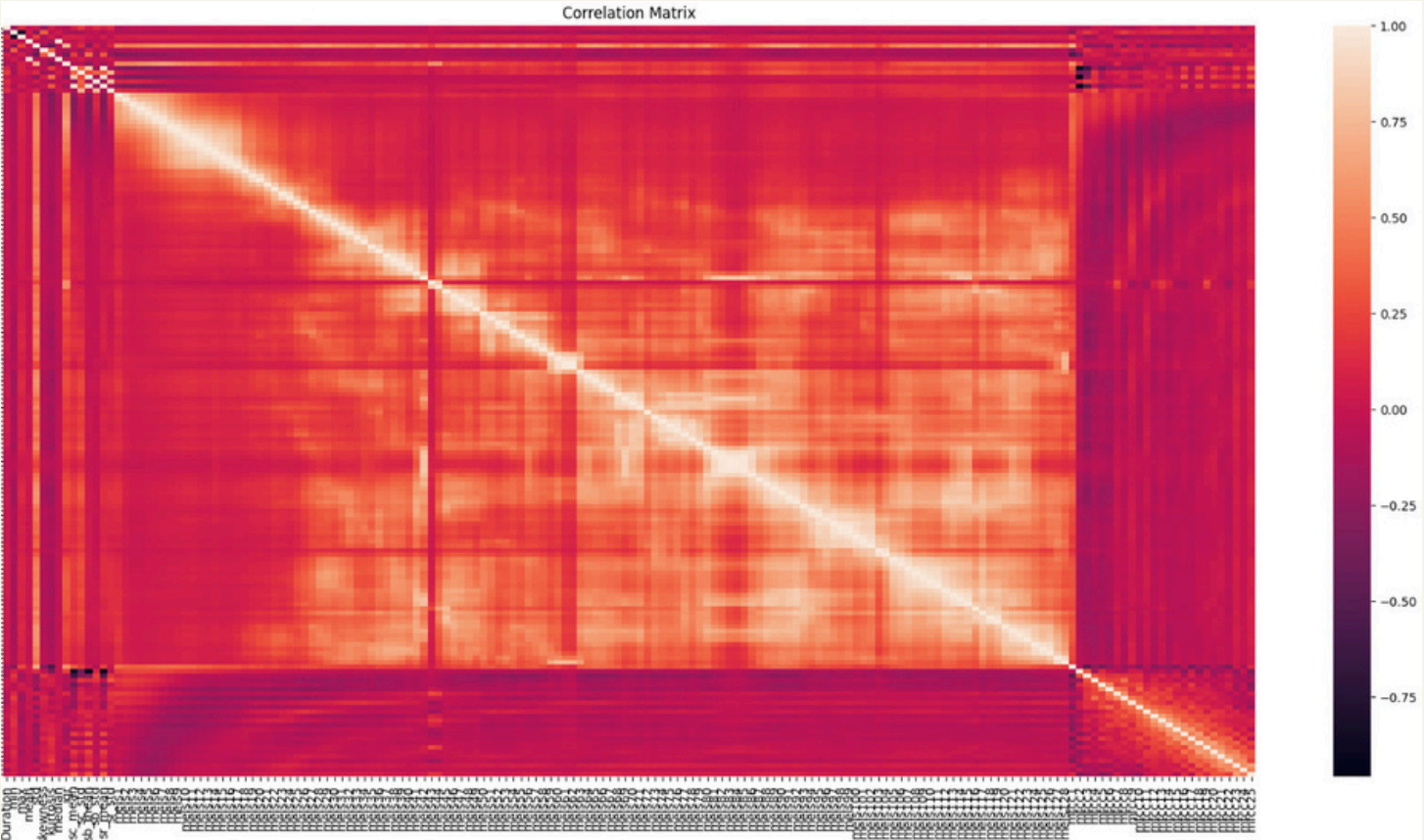
Places more importance or weight on patients with murmurs and abnormal outcomes

		Outcome Expert	
		Abnormal	Normal
Outcome Classifier	Abnormal	$n_{TP}$	$n_{FP}$
	Normal	$n_{FN}$	$n_{TN}$

$$s_{\text{outcome}} = \frac{5n_{TP} + n_{TN}}{5(n_{TP} + n_{FN}) + (n_{FP} + n_{TN})}$$

# THE NAIVE APPROACH - KNN/SVM

# NAIVE APPROACH- FEATURE EXTRACTION



Initial correlation matrix

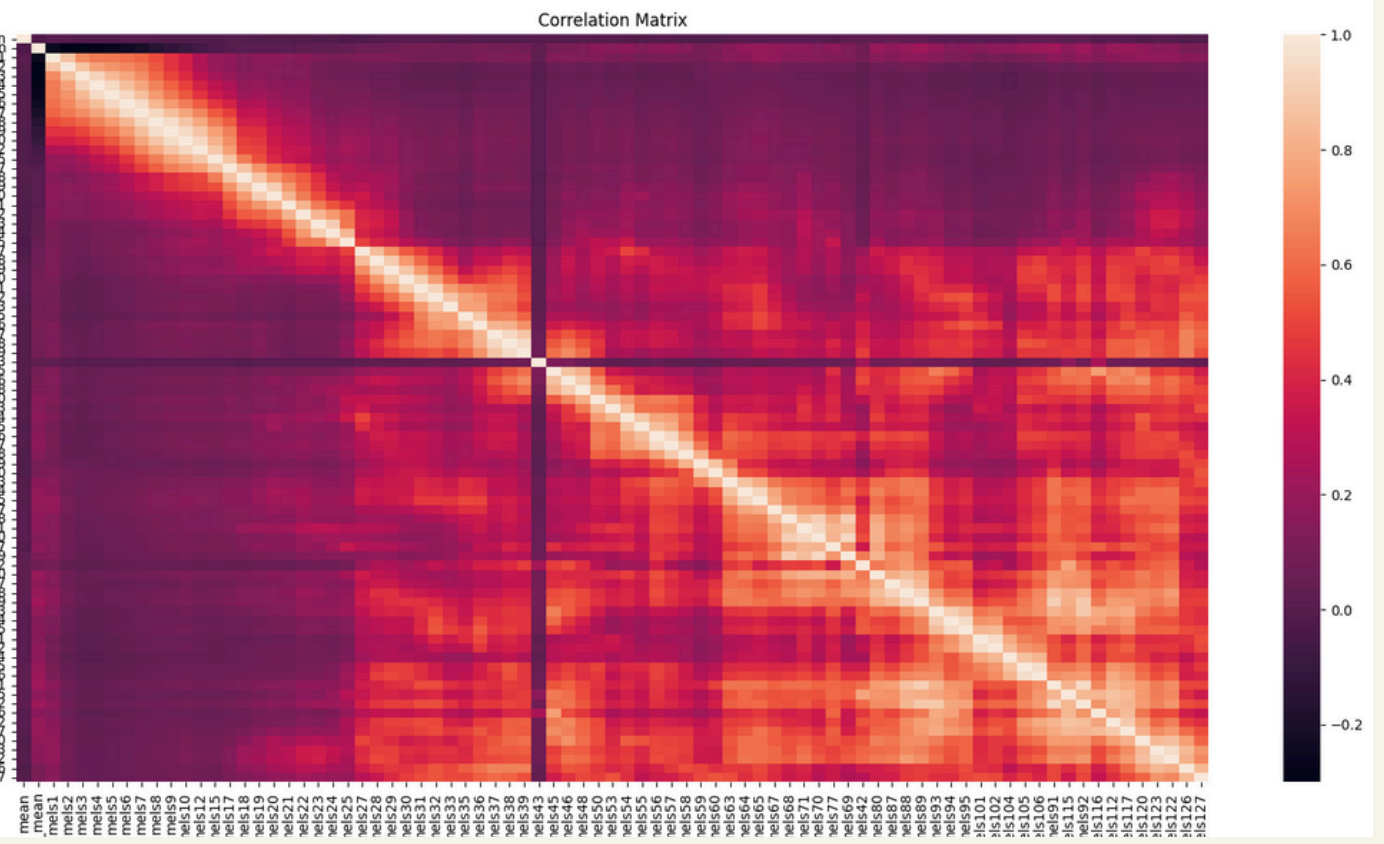
1 Audio



2 Resample to 2000 Hz  
Butterworth filter (25 Hz, 450 Hz)

- 3
- Mean of MFCC's
  - Time domain features (mean, median, standard deviation)
  - Spectral features (Centroid, Roll off, Bandwidth)

4 Feature selection using correlation matrix  
70 features selected



Final correlation matrix



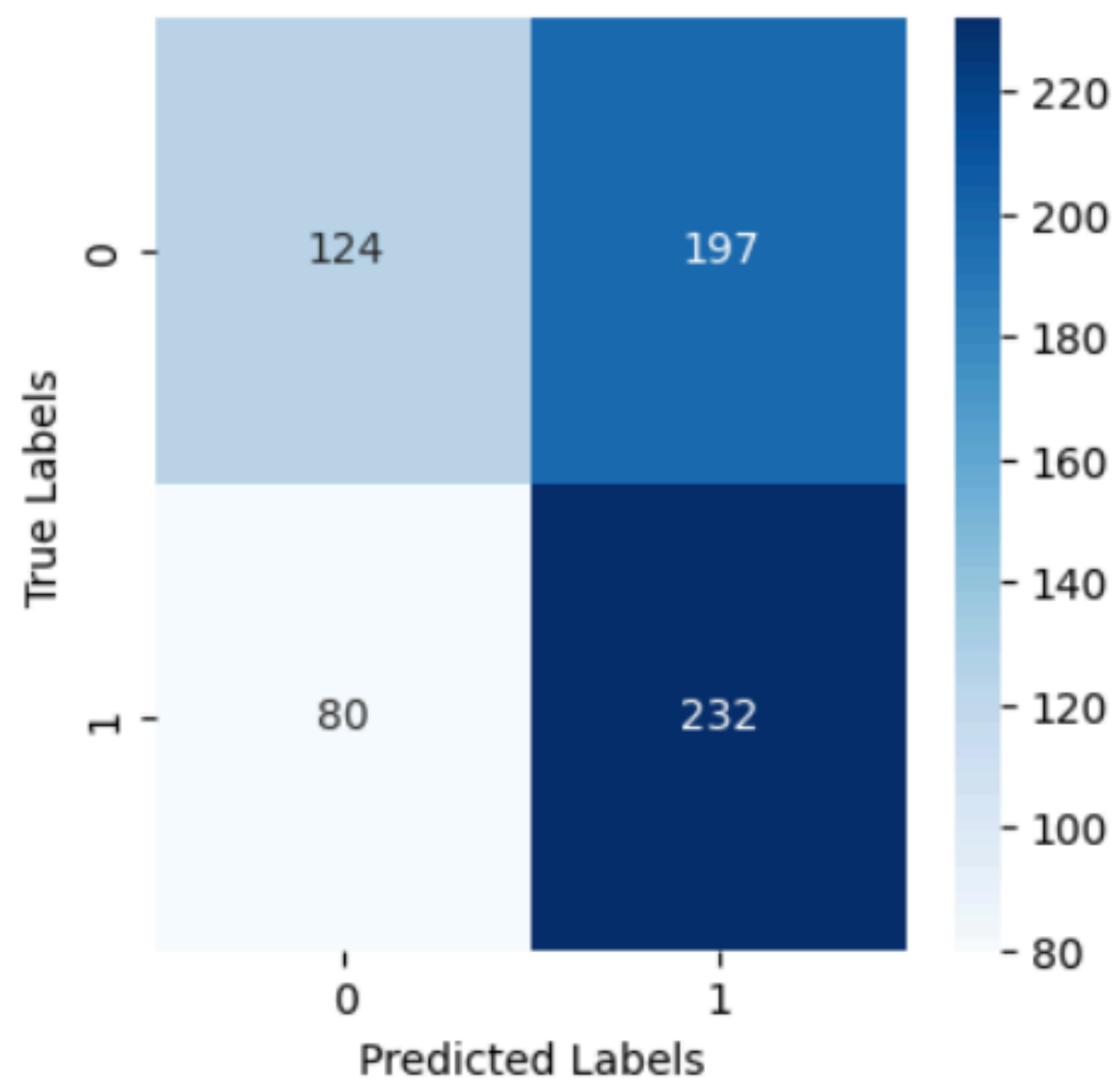
# KNN

Accuracy: 0.5624012638230648

Weighted Accuracy: 0.682615629984051

Custom Cost Metric: 12997.184900693968

Confusion Matrix for KNN Classifier



ABNORMAL - 1, NORMAL - 0

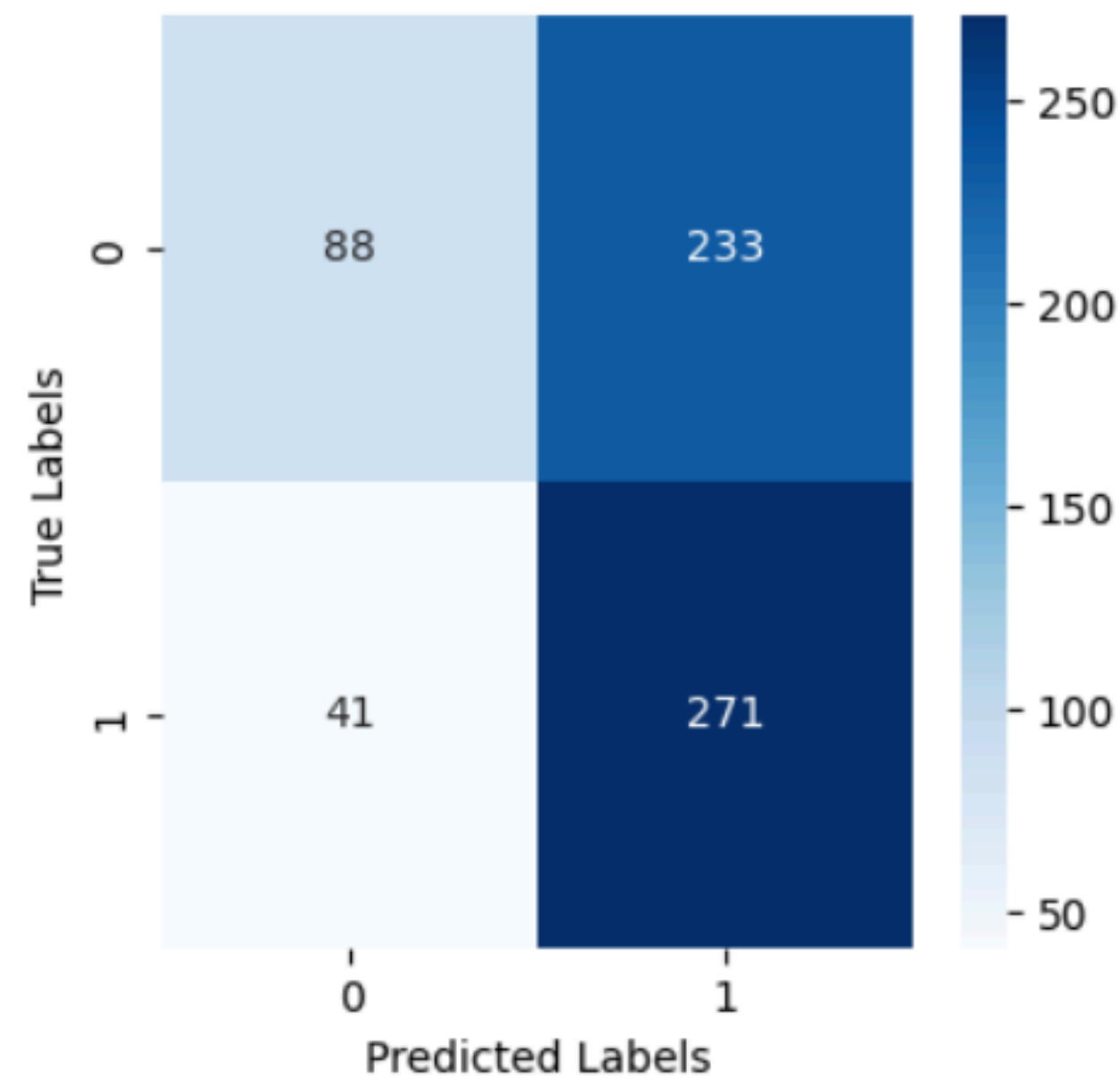
# SVM

Accuracy: 0.5671406003159558

Weighted Accuracy: 0.7671451355661882

Custom Cost Metric: 10535.73731852349

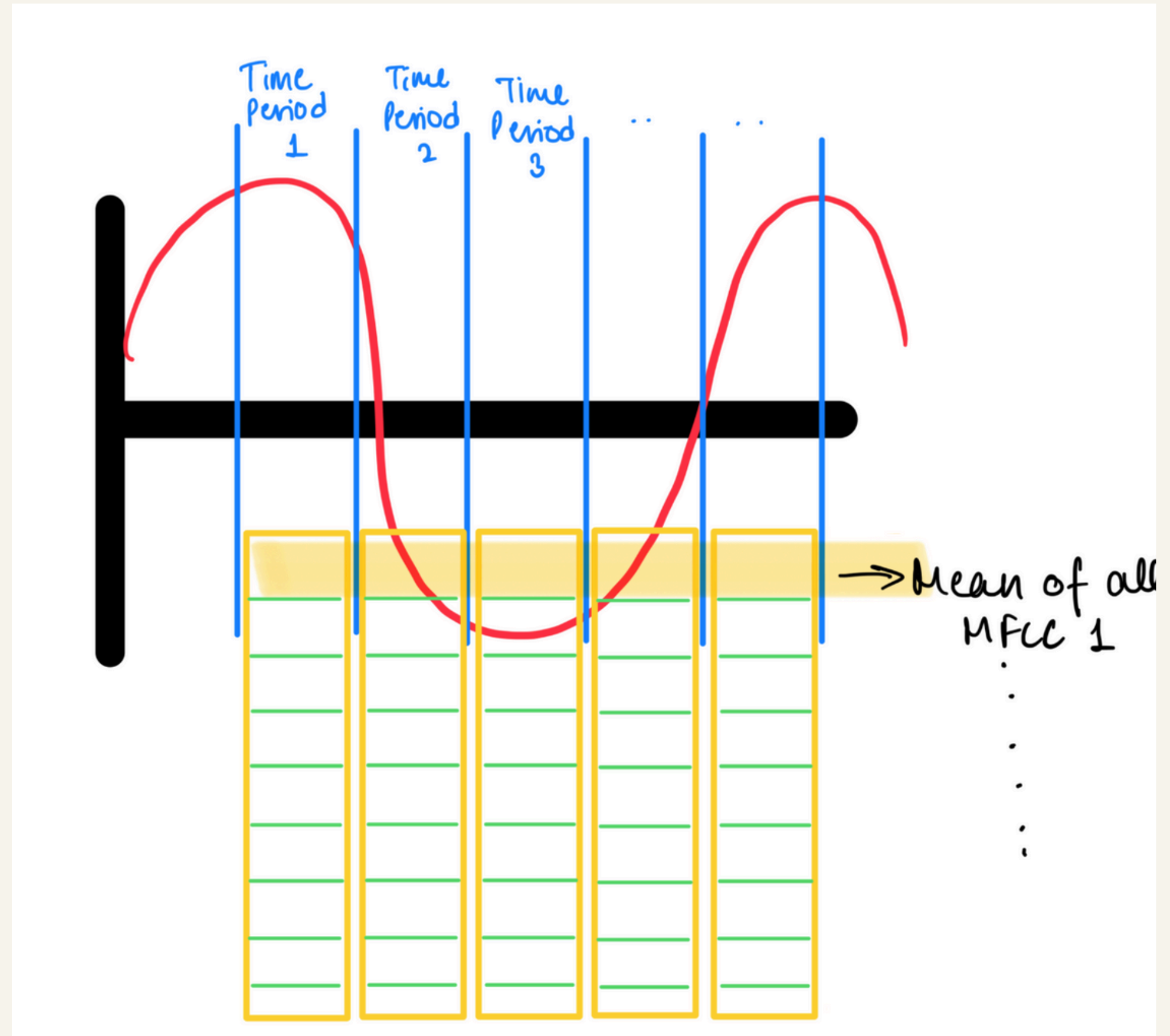
Confusion Matrix for SVM Classifier



ABNORMAL - 1, NORMAL - 0

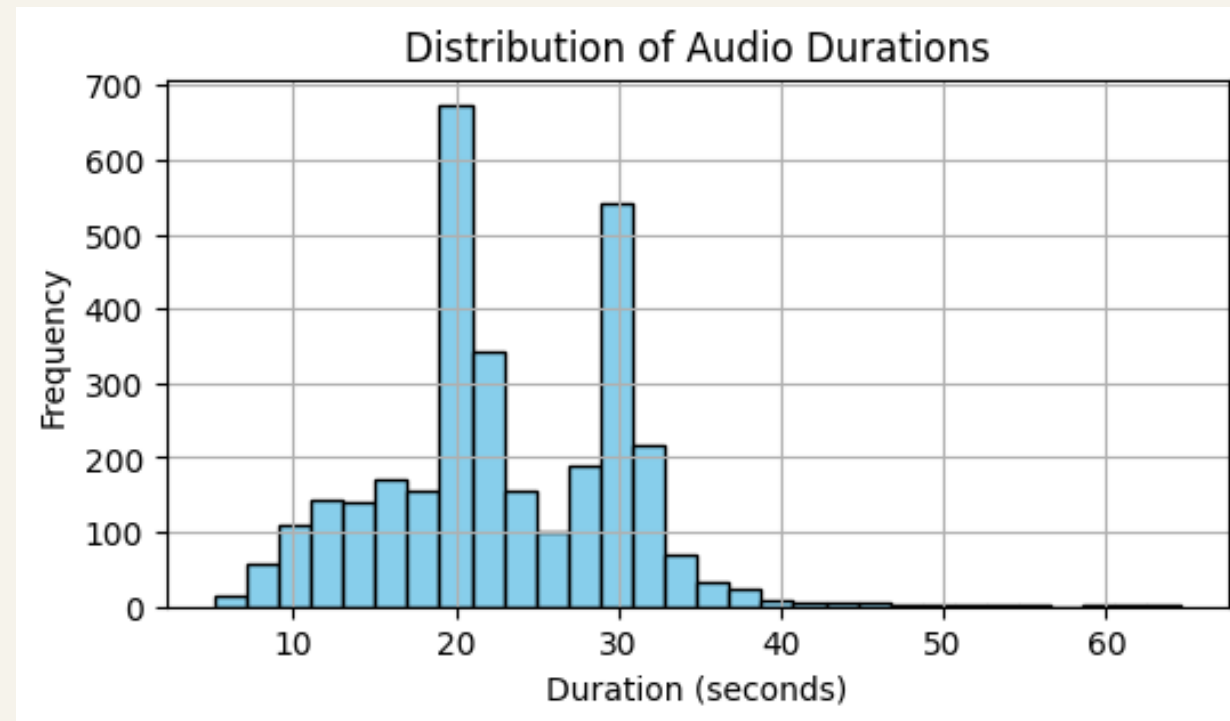
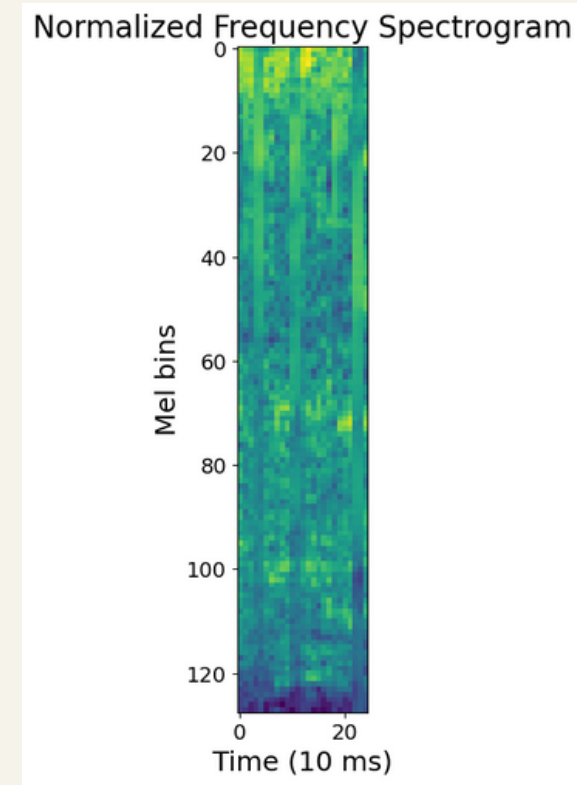
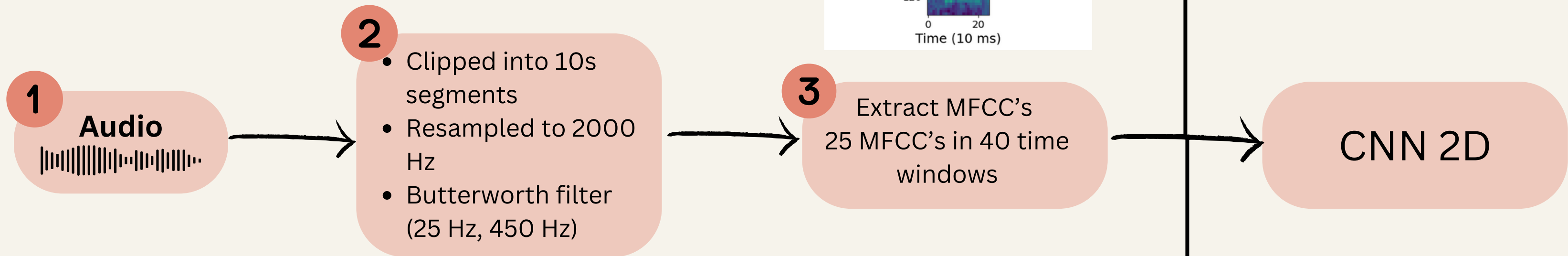
# NAIVE APPROACH- DRAWBACKS

- Originally, we took a mean of features from all time windows.
- This led to information loss.
- Did not account for temporal features of our dataset.

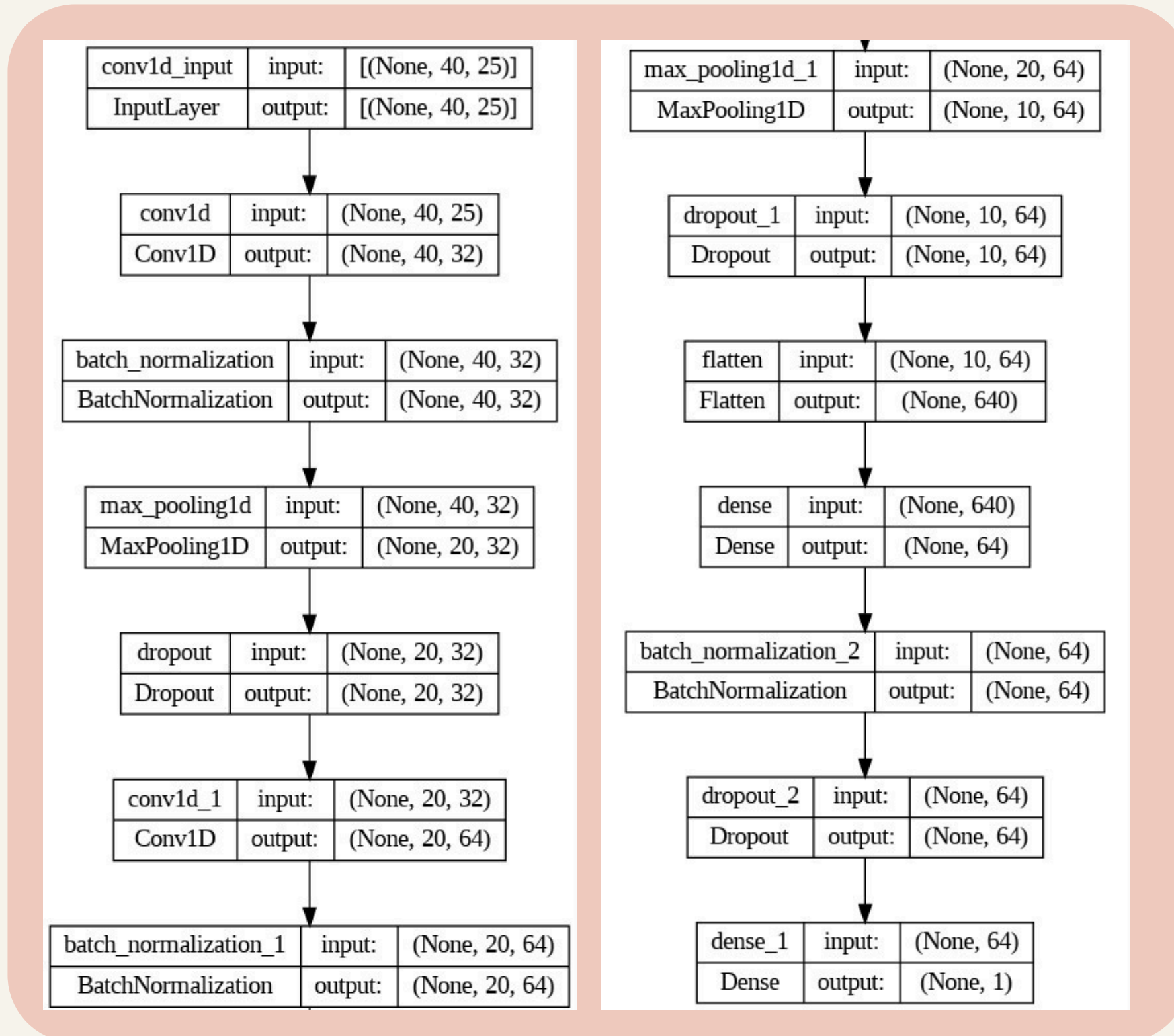


**FINAL APPROACH - CNN/LSTM**

# THE MODEL

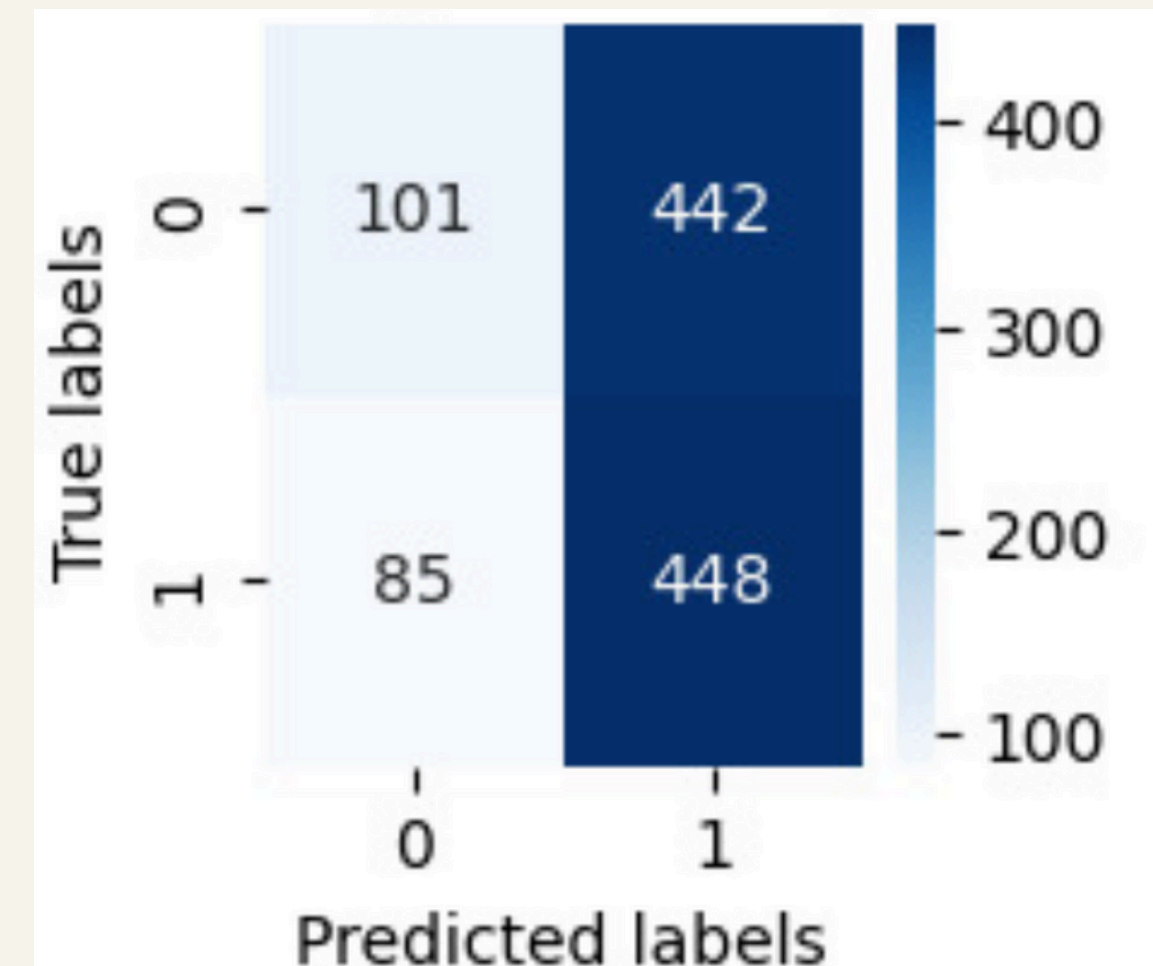


# CNN - 1D



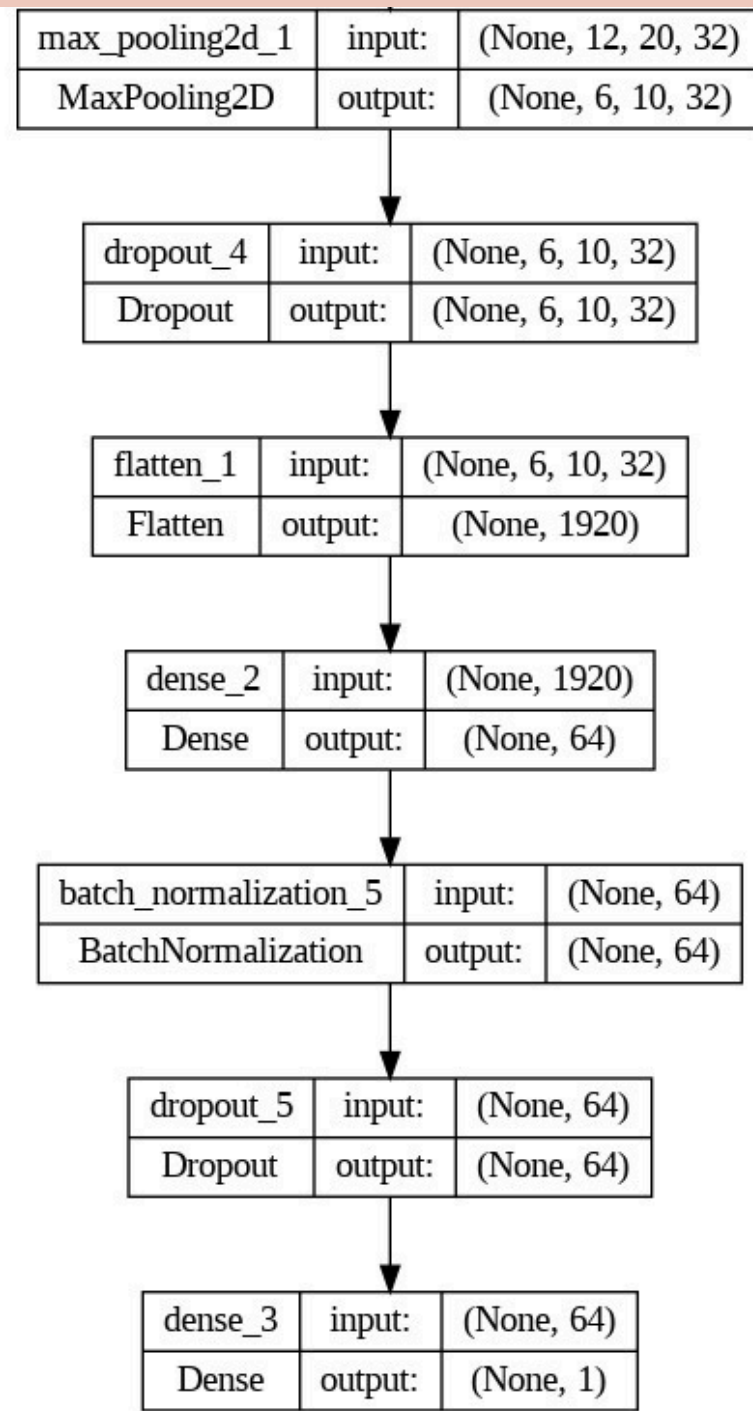
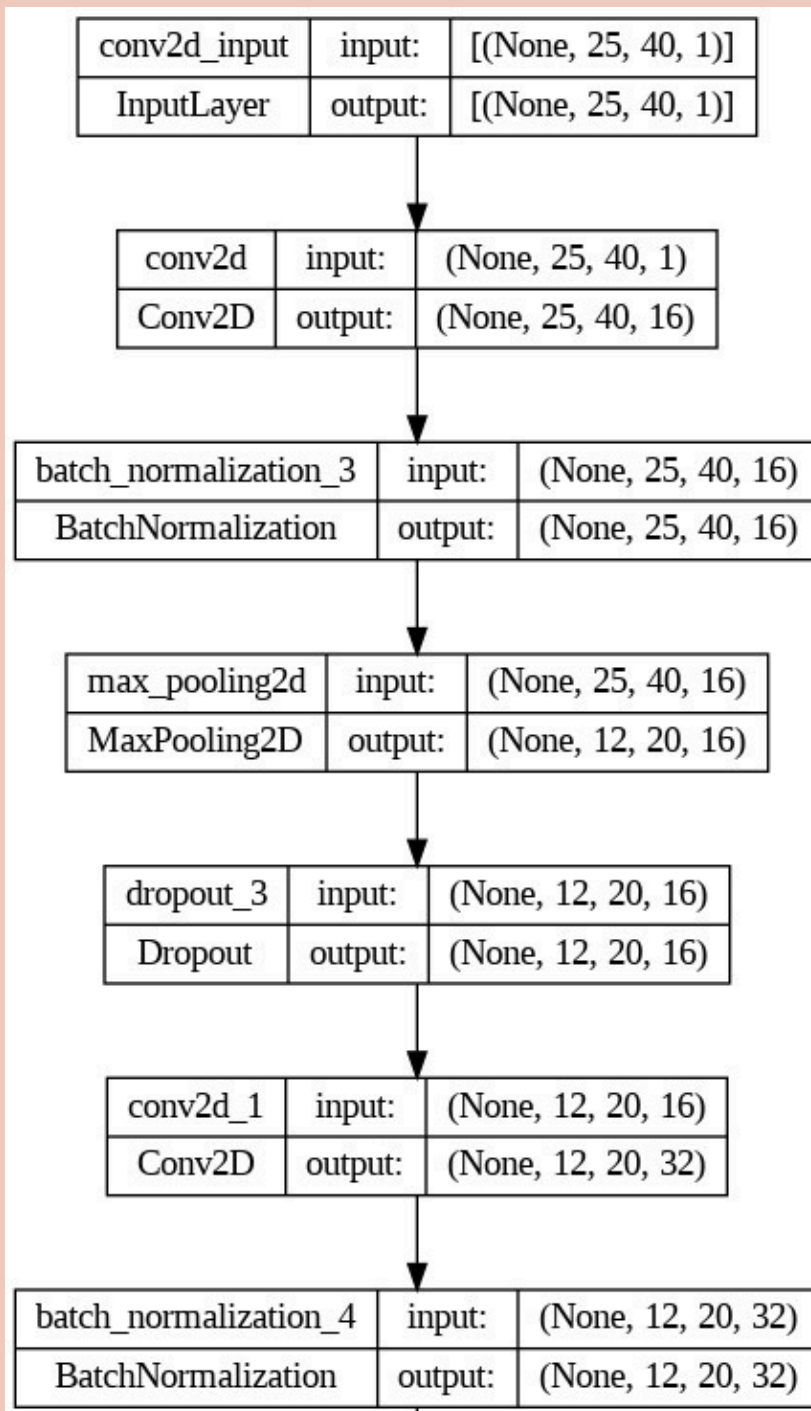
# RESULTS

- Accuracy: 0.510
- F1 Score: 0.629
- Recall: 0.840
- Weighted Accuracy: 0.716
- Cost: 8388.654



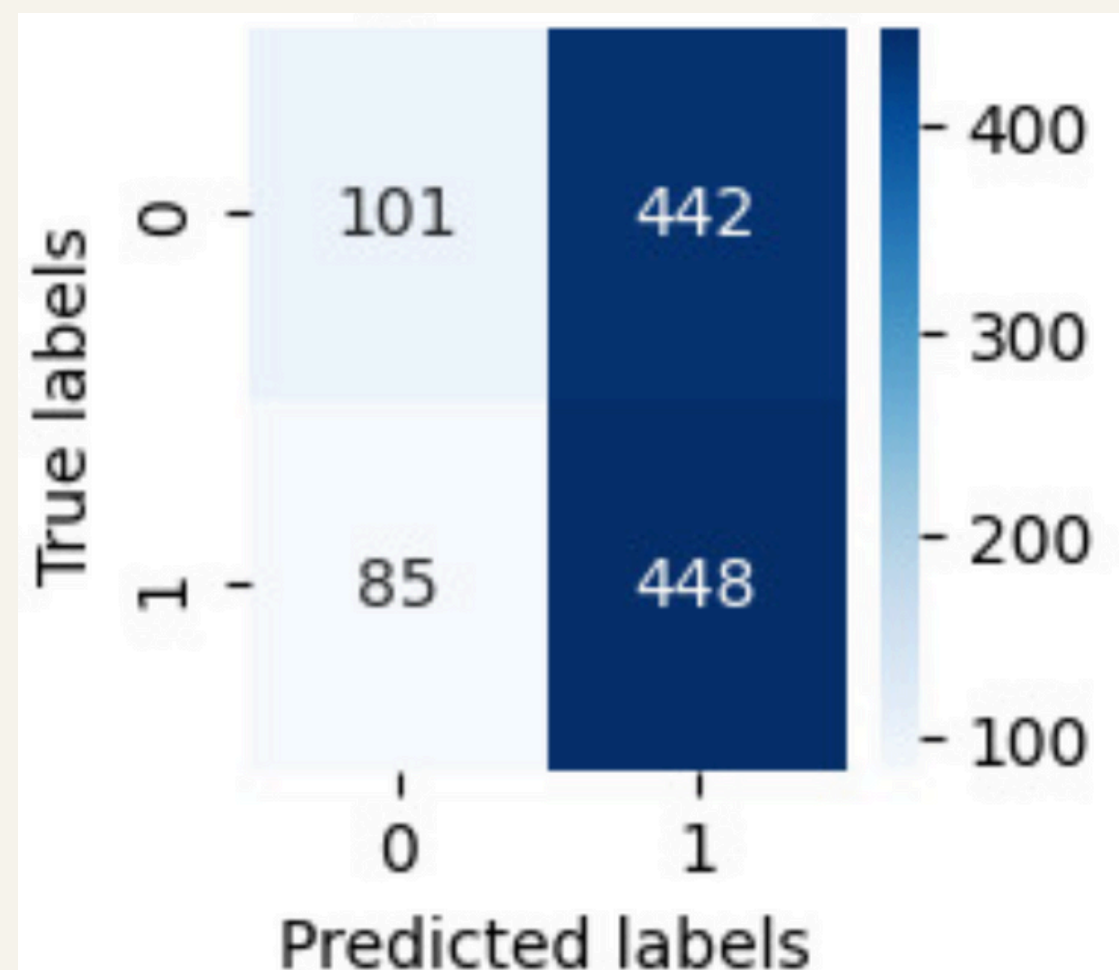
1- Abnormal (Positive)  
0- Normal (Negative)

# CNN - 2D



# RESULTS

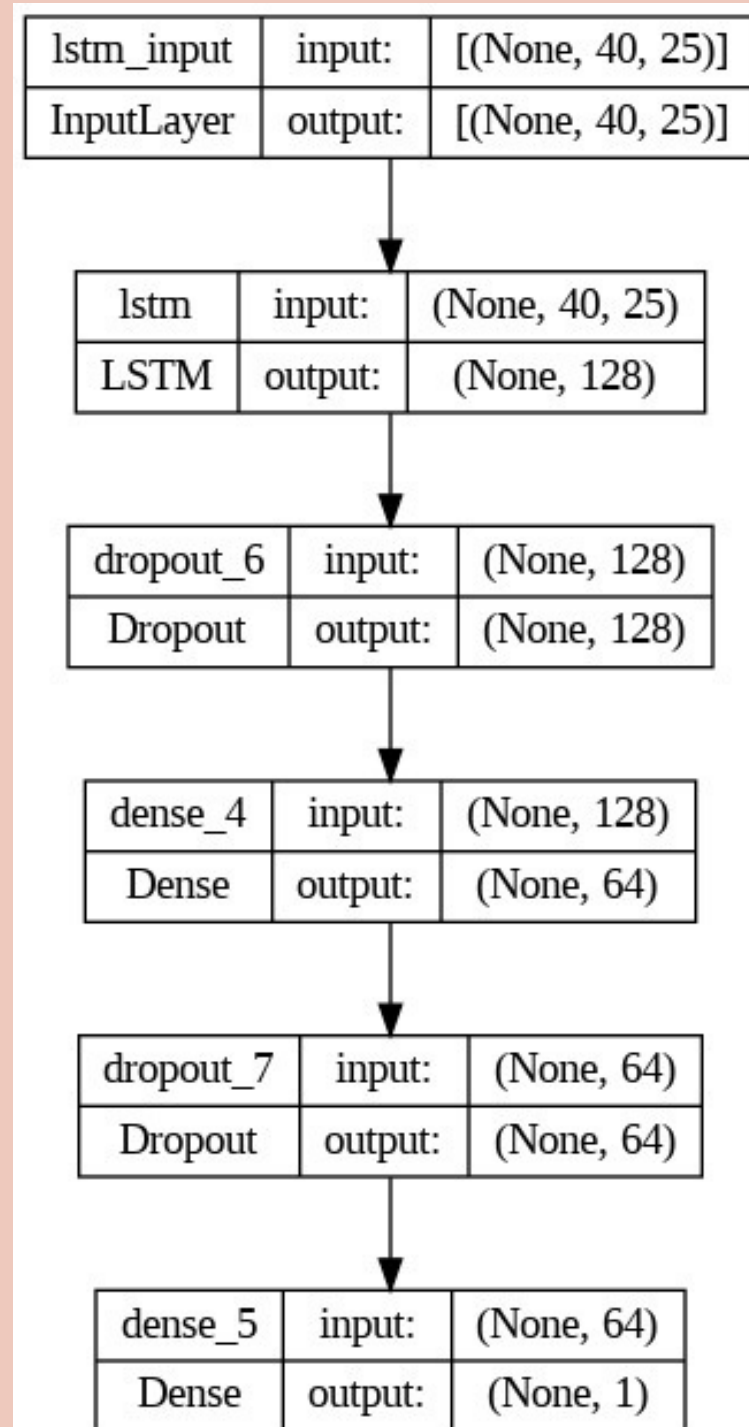
- Accuracy: 0.531
- F1 Score: 0.618
- Recall: 0.765
- Weighted Accuracy: 0.653
- Cost: 10285.358



1- Abnormal (Positive)  
0- Normal (Negative)



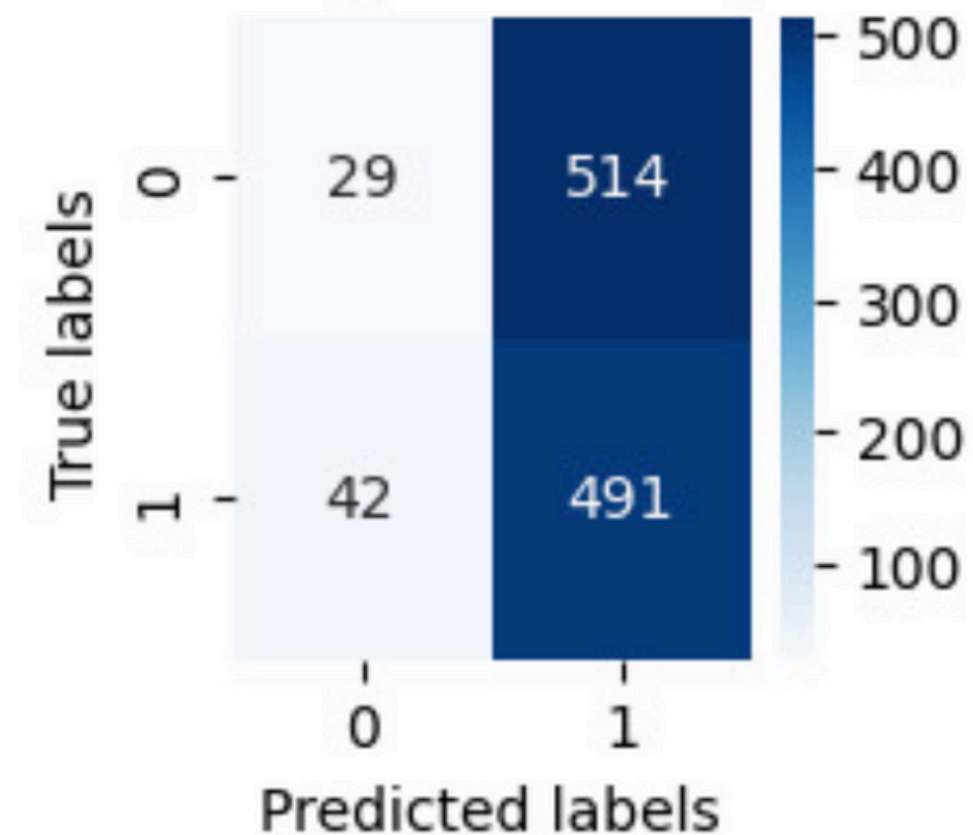
# LSTM



# RESULTS

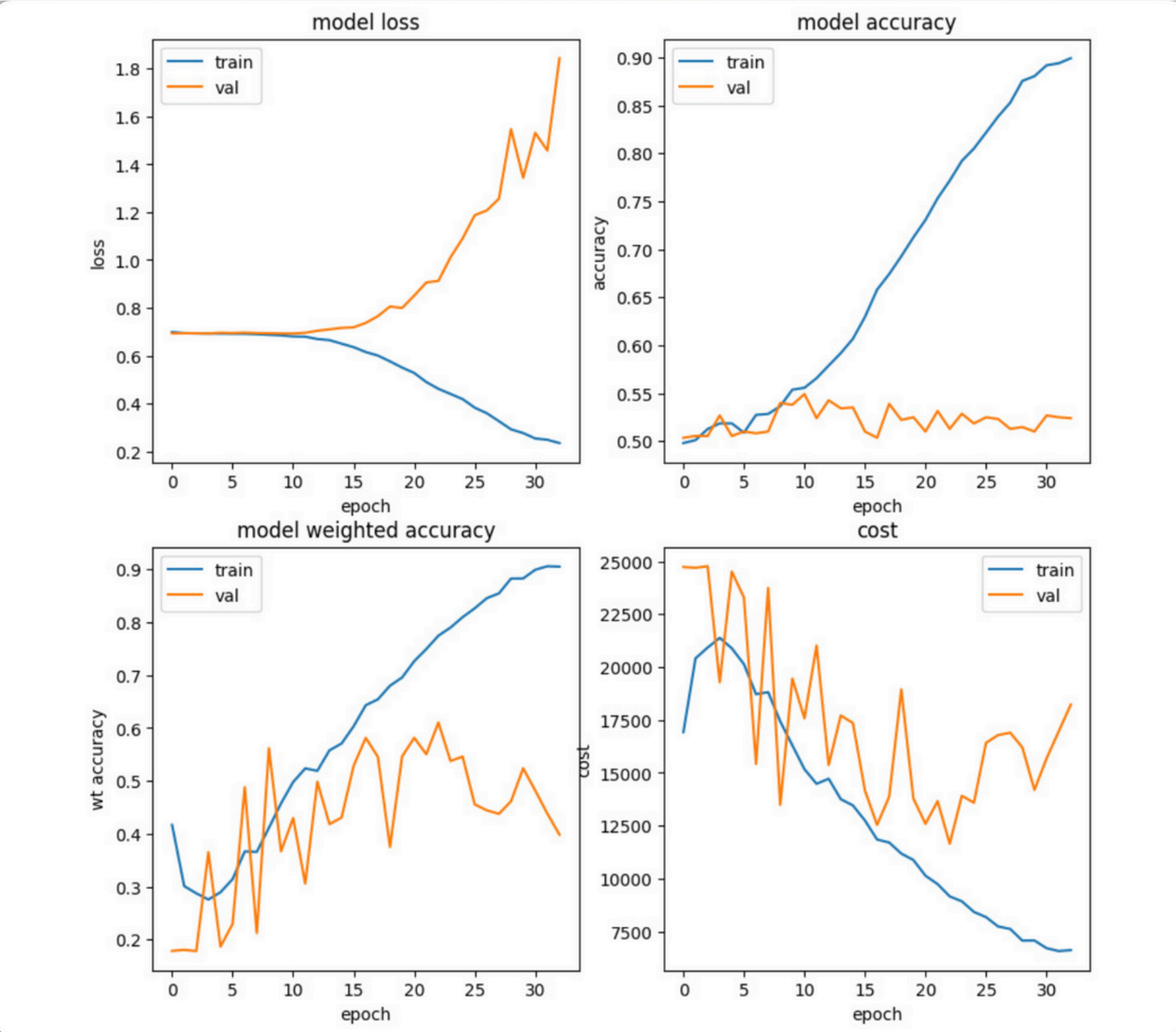
- Accuracy: 0.483
- F1 Score: 0.638
- Recall: 0.921
- Weighted Accuracy: 0.787
- Cost: 6270.975

Confusion Matrix (Normal - 0, Abnormal - 1)

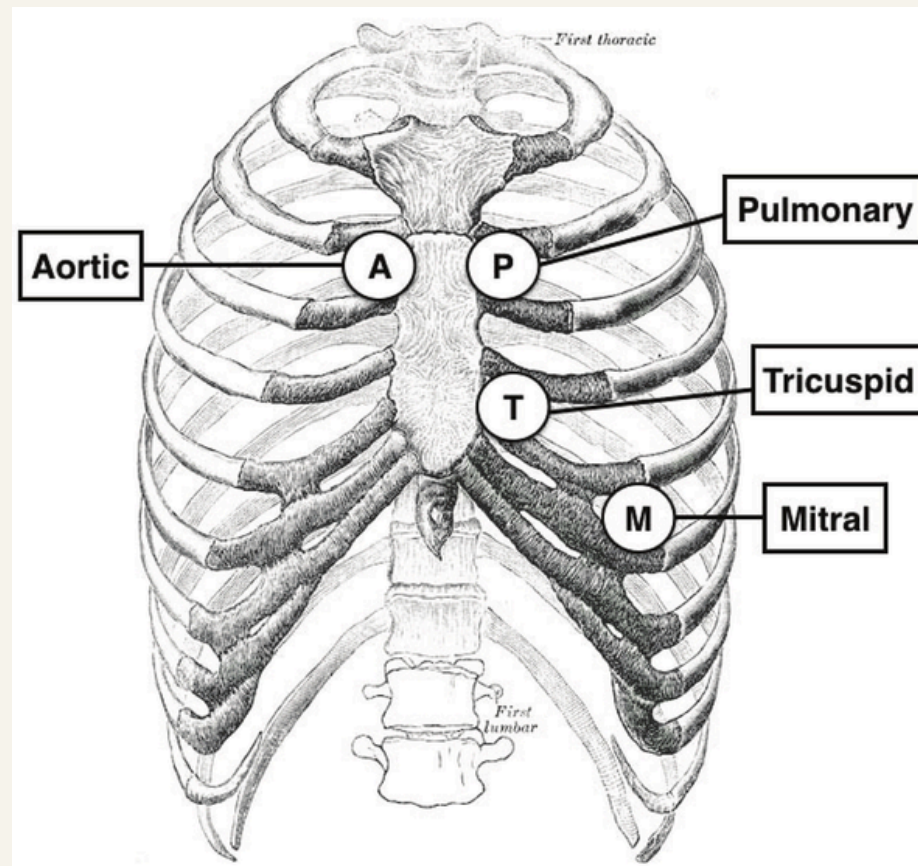


1- Abnormal (Positive)  
0- Normal (Negative)

# OVERFITTING



# DEPLOYMENT: ABNORMALITY DETECTION USING SMARTPHONES



## Recording heartbeat sounds at the auscultation points

Auscultation site: Pulmonary (most clear sound)  
Software used to record: Garage band -> converted to wave file



## Manual diagnosis of heartbeat sound by Dr. Amrit Kaur

Heart beat sounds of 15 students were recorded and diagnosed manually using GarageBand.



Accuracy: 0.714  
Weighted accuracy: 0.777  
Cost: 733.64 Dollars (not enough people with abnormalities)

- Not representative of our model
- Requires more testing data and data with enough variation

## Results after testing on CNN 1D model



# CHALLENGES AND DRAWBACKS

## **Segmentation data unavailable:**

The task of segmentation between S1 and S2 was beyond the scope of this project. This could have affected accuracy.

## **Limited abnormal data:**

The data we collected at Plaksha, limiting our ability to test accuracy of abnormal detection.

## **Model trained without phone data:**

Training dataset contained no phone recordings, limiting accuracy in deployment.



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2. Li, S., Li, F., Tang, S., & Xiong, W. (2020). A review of Computer-Aided Heart Sound Detection Techniques. *BioMed Research International*, 2020, 1–10. <https://doi.org/10.1155/2020/5846191>
3. Malik, H., Bashir, U., & Ahmad, A. (2022). Multi-classification neural network model for detection of abnormal heartbeat audio signals. *Biomedical Engineering Advances*, 4, 100048. <https://doi.org/10.1016/j.bea.2022.100048>
4. Cheng, J., & Sun, K. (2023). Heart Sound Classification Network Based on Convolution and Transformer. *Sensors (Basel, Switzerland)*, 23(19), 8168. <https://doi.org/10.3390/s23198168>
5. The PhysioNet Challenge description paper: Reyna, M. A., Kiarashi, Y., Elola, A., Oliveira, J., Renna, F., Gu, A., Perez-Alday, E. A., Sadr, N., Sharma, A., Mattos, S., Coimbra, M. T., Sameni, R., Rad, A. B., Clifford, G. D. (2022). Heart murmur detection from phonocardiogram recordings: The George B. Moody PhysioNet Challenge 2022. *medRxiv*, doi: 10.1101/2022.08.11.22278688

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1. World Heart Federation. (2023, August 9). Deaths from cardiovascular disease surged 60% globally over the last 30 years: Report - World Heart Federation. <https://world-heart-federation.org/news/deaths-from-cardiovascular-disease-surged-60-globally-over-the-last-30-years-report/>Li, S., Li, F., Tang, S., & Xiong, W. (2020). A review of Computer-Aided Heart Sound Detection Techniques. *BioMed Research International*, 2020, 1–10. <https://doi.org/10.1155/2020/5846191>